

## Start Point

Park in Patricbourne Lane behind the Red Lion Inn and opposite the old church. Then head for Brewery Lane.

The terrain is mainly field paths, tracks, woodland paths and minor roads.

Download the GPX file @ [www.walk-inn.org](http://www.walk-inn.org)

## Information

This is a circular walk from the Walk-Inn, East Kent series.

This walk is for all ages; at least one person should be proficient at map reading.

Please take care crossing main roads, stiles and when walking near water.

Carry a mobile phone for emergencies, in poor signal areas it is possible to text to the 999 emergency service. Register your phone for emergency 999 by texting 'Register' to 999. More information available at [www.emergencysms.org.uk](http://www.emergencysms.org.uk)

Every effort has been made to ensure that all information is correct. No liability is accepted .

**Walk-Inn.org**



**Keep Walking**



### **The Red Lion Bridge**

Family friendly local pub restaurant. Daily specials direct from Folkestone fish market.

01227 832213

### **The Mermaid Bishopsbourne**

Homely and friendly Shepherd Neame establishment. Tasty and unpretentious pub food including ploughman's, baguettes and jacket potatoes.

01227 830581



### **Duke of Cumberland Barham**

Excellent traditional Country Inn. Home prepared meals from locally sourced ingredients. Usually three top condition real ales available. \*\*\*\*\*

01227 831396



### **Bourne House**

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# Walk~Inn

**Kent Series**

## **A Walk in the 'NailBourne Valley'**

### **Bridge to Barham circular**



This circular walk of 8 miles (13Km) from Bridge to Barham encompasses fields, woodland, and beautiful views of rolling green pastures on it's way over the Downs to the tiny hamlet of Heart's Delight and then down into Barham village.

On the way back the walk weaves between the Nailbourne and the old Elham Valley Railway passing through Kingston, Bishopsbourne, Charlton park and then Bourne park with it's impressive Queen Anne mansion.

The village of Bridge takes its name from the Saxon "Bregge", meaning bridge, (now just a hump in the road) then a major crossing over the Nailbourne which in Saxon times was a navigable waterway.

The village of Barham dating back to the 8th century features nearly two hundred historic sites.

